

Menu Item	Ingredients	Allergens
Cold Brew Coffee	Water, Coffee	--
Cold Brew Shandy	Water, Coffee, Lemon Juice, Vanilla Syrup (Cane Sugar, Water, Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean), Natural Flavors	--
Powdered Hot Cocoa Mix	Cane Sugar, Cocoa Powder, Dried Milk Powder, Vanilla Powder (Dextrose And Vanilla Bean Extractives), Coconut Oil Powder (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Dried Cream Powder (Sweet Cream Solids), Xanthan Gum, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Cinnamon	Milk
Chorizo Burrito	Tortilla (Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Water, Canola Oil, Salt, Mono-And Diglycerides, Natural Flavor, Fd&C Yellow #5, Fd&C Blue #1, Fd&C Red #40, Sodium Bicarbonate, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Corn Starch, Fumaric Acid, Calcium Sulfate, And 2% Or Less Of Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabisulfite), Eggs (Whole Eggs, Citric Acid), Canola Oil, Pork Chorizo (Pork, Water, Spices, Paprika, Salt, Dried Vinegar, Sugar, Natural Flavorings, Dehydrated Garlic, Turmeric), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate And Sodium Bisulfite As Preservatives, Xanthan Gum), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Pepper, Cheddar Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Corn Starch, Potato Starch, And Powdered Cellulose (To Prevent Caking), Natamycin (Natural Mold Inhibitor)), Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added To Maintain Color), Potassium Sorbate (Added To Maintain Freshness), Bell Pepper, Onion, Salt, Pepper, Canola Oil	Egg, Milk, Wheat
Vegetable Chorizo Burrito	Spinach Tortilla (Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Water, Canola Oil, Salt, Mono-And Diglycerides, Spinach Powder, Spinach Flakes, Natural Flavor, Fd&C Yellow #5, Fd&C Blue #1, Fd&C Red #40, Sodium Bicarbonate, Preservatives (Calcium Propionate, Potassium Sorbate), Sodium Aluminum Phosphate, Sodium Aluminum Sulfate, Corn Starch, Fumaric Acid, Calcium Sulfate, And 2% Or Less Of Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabisulfite), Eggs (Whole Eggs, Citric Acid), Canola Oil, Vegetable Chorizo (Water, Soy Protein, Concentrate, Sunflower Oil, Spices, Dehydrated Garlic, Salt, Vinegar, Autolyzed Yeast Extract, Natural Flavors, Onion Powder, Isolated Soy Protein, Modified Vegetable Gum, Caramel Color, Beet Powder, Locust Bean Gum), Sriracha (Chili, Sugar, Salt, Garlic, Distilled Vinegar, Potassium Sorbate And Sodium Bisulfite As Preservatives, Xanthan Gum), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Pepper, Cheddar Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Corn Starch, Potato Starch, And Powdered Cellulose (To Prevent Caking), Natamycin (Natural Mold Inhibitor)), Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added To Maintain Color), Potassium Sorbate (Added To Maintain Freshness), Bell Pepper, Onion	Wheat, Egg, Soy, Milk
Balsamic Vinaigrette	Wine Vinegar, Concentrated Grape Must, Caramel Colour, Contains Sulfites, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil Blended With 25% Extra Virgin Olive Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Garlic, Honey, Dijon Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Citric Acid), Ground Black Pepper, Thyme, Oregano)	--
Caesar Dressing	Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Water, Anchovies (Anchovies, Soy Oil And Salt), Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Pure Apple Cider Vinegar, Lemon Juice (From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate (As A Preservative), Sodium Metabisulfite (As A Preservative), Lemon Oil), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Garlic, Honey, Kosher Salt (Salt, Calcium Silicate (An Anticaking Agent) Dextrose, Potassium Iodide)	Egg, Soy, Fish (Anchovies), Milk
Citrus Vinaigrette	Canola Oil, Rice Vinegar (Rice Wine Vinegar (Reduced With Water To 4.5% Acidity By Volume), Honey, Orange Zest, Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper, Lemon Zest, Xanthan Gum, Citric Acid, Orange Oil	--
Grilled Chicken	Chicken Breast, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper	--
Grilled Salmon	Farm Raised Salmon, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper	Fish (Salmon)
Cheese Board	Cheese (Emmenthal (Cow's Milk, Cheese Culture, Salt, Enzymes), Gouda (Pasteurized Cow's Milk, Salt, Starter Culture, Rennet, Annatto (For Color), Cheddar (Grade A Raw Milk, Salt, Cheese Culture, Enzyme, Annato), Grapes, Strawberries, Walnuts, Bruschetta (Wheat Flour, Durum Wheat Semolina, Olive Oil, Extra Virgin Olive Oil, Salt, Yeast, Barley And Corn Malt Extract, Sugar), Crackers (Enriched Flour (Wheat Flour, Calcium, Niacin, Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Palm Oil, Salt), Fig Jam (Figs (Water, Dried Figs), Sugar, Pectin, Citric Acid, Lactic Acid, Ascorbic Acid), Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Dried Apricots (Dried Apricots, Sulphur Dioxide, Potassium Sorbate), Parsley	Milk, Wheat, Tree Nuts (Walnuts)
Chili Crunch	Canola Oil, Onion, Garlic, Chilies, Salt	--
Olive Tapenade	Black & Green Olives (Water, Salt, Pimento, Lactic Acid, Sodium Alginate, Guar Gum, Calcium Chloride), Canola Oil, Garlic, Capers, Spices, Ascorbic Acid), Lemon Juice From Concentrate, Lemon Zest, Spices	--
Plain Cooked Quinoa	Quinoa, Water, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	--
Quinoa Porridge	Quinoa, Almond Milk (Water, Cane Sugar, Ground Almonds, Contains 1% Or Less Of: Carrageenan, Gellan Gum, Potassium Citrate, Sea Salt, Sodium Citrate, Sunflower Lecithin), Water, Vanilla Syrup (Cane Sugar, Water, Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean, Citric Acid), Cinnamon, Ginger, Nutmeg, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	Tree Nuts (Almonds)
Roasted Garbonzo Beans with Sumac	Garbonzo Beans (Cooked Dried Chick Peas, Water, Salt), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil Blended With 25% Extra Virgin Olive Oil), Sumac, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Pepper	--
Blueberry Bagel	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Blueberry Bits (Sugar, Corn Syrup, Corn Cereal, Corn Starch, Palm Oil, Dried Blueberries, Artificial Flavor, Red #40, Green #3, Blue #1), Contains Less Than 2% Of Each Of The Following: Salt, Degerminated Yellow Corn Meal, Dough Improver Blend (Wheat Flour, Salt, Sodium Stearoyl Lactylate, Soybean Oil, Xylanase, Amylase, Ascorbic Acid, L-Cysteine), Yeast, Natural & Artificial Blueberry Flavor, Enzymes, Mono-And Diglycerides, Calcium Propionate (Preservative).	Wheat
Everything Bagel	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains Less Than 2% Of Each Of The Following: Everything Blend (Sesame Seeds, Poppy Seeds, Dehydrated Onion, Salt, And Dehydrated Garlic), Salt, Degerminated Yellow Corn Meal, Yeast, Dough Improver Blend (Wheat Flour, Salt, Sodium Stearoyl Lactylate, Soybean Oil, Xylanase, Amylase, Ascorbic Acid, L-Cysteine), Gum Acacia, Enzymes, Mono-And Diglycerides, Calcium Propionate (Preservative).	Wheat
Plain Bagel	Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains Less Than 2% Of Each Of The Following: Salt, Degerminated Yellow Corn Meal, Yeast, Dough Improver Blend (Wheat Flour, Salt, Sodium Stearoyl Lactylate, Soybean Oil, Xylanase, Amylase, Ascorbic Acid, L-Cysteine), Enzymes, Mono-And Diglycerides, Calcium Propionate (Preservative).	Wheat
Brownie	Brown Sugar (Sugar, Cane Syrups), Butter (Pasteurized Cream, Natural Flavoring), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs (Whole Eggs, Citric Acid), Bittersweet Chocolate (Cocoa Paste, Sugar, Cocoa Butter, Low Fat Cocoa Powder, Emulsifier Sunflower Lecithin, Vanilla), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Soy Lecithin	Wheat, Milk, Egg, Soy
Blueberry White Chocolate Cookie	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Sugar, Blueberries, Dried, Butter (Pasteurized Cream, Natural Flavorings), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Skim Milk Powder, Butteroil, Soy Lecithin (An Emulsifier), Natural Vanilla Flavor.), Eggs, Canola Oil, Dextrose, Lemon Juice, Realemon, From Concentrate, Lemon Peel, Natural Vanilla Flavoring (Water, Ethyl Alcohol, Glycerine, Natural Flavor And Vanilla Bean Extractives), Dry Milk, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, And Monocalcium Phosphate), Sodium Bicarbonate, Salt.	Egg, Milk, Wheat, Soy
Chocolate Chip Cookie	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Sugar, Semisweet Chocolate Chips (Sugar, Chocolate Liquor, Anhydrous Dextrose, Cocoa Butter, Soy Lecithin (An Emulsifier), Vanilla Extract.), Milk Chocolate Chips, Butter (Pasteurized Cream, Natural Flavorings), Eggs, Canola Oil, Natural Vanilla Flavoring (Water, Ethyl Alcohol, Glycerine, Natural Flavor And Vanilla Bean Extractives.), Molasses, Dry Milk, Salt, Sodium Bicarbonate.	Egg, Milk, Wheat, Soy
Flourless Cookie with M&Ms	Bittersweet Chocolate (Cocoa Paste, Sugar, Cocoa Butter, Reduced Fat Cocoa Powder, Emulsifier: Soya Lecithin, Vanilla Flavor), Sugar, Egg (Whole Eggs And Citric Acid), Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Chocolate Liquor Processed With Alkali, Soy Lecithin, Salt), M&Ms ((Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors), Sugar, Cornstarch, Less Than 1% Corn Syrup, Dextrin, Coloring (Includes Blue 2 Lake, Blue 1 Lake, Red 40 Lake, Yellow 5 Lake, Yellow 6, Yellow 5, Red 40, Blue 1, Blue 2), Carnauba Wax, Gum Acacia), Butter (Pasteurized Cream, Natural Flavoring), Almond Flour, Rice Flour (Rice Flour, Corn Starch, Tapioca Dextrin, Xanthan Gum), Powdered Sugar (Cane Sugar And Cornstarch), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Vanilla Extract (Water, Ethyl Alcohol And Vanilla Bean Extractives), Salt.	Soy, Milk, Egg, Tree Nuts (Almonds)
Oatmeal Raisin Cookie	Brown Sugar (Sugar And Cane Syrups), Dry Oatmeal, Raisins, Butter (Pasteurized Cream, Natural Flavoring), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Whole Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Egg (Whole Eggs And Citric Acid), Vanilla Extract (Water, Ethyl Alcohol And Vanilla Bean Extractives), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Baking Soda (Sodium Bicarbonate), Salt, Cinnamon	Egg, Milk, Wheat
Peanut Butter Cookie	Sugar, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Peanut Butter (Dry Roasted Peanuts, Dextrose, Hydrogenated Cottonseed And Rapeseed Oil, Salt), Eggs, Butter (Pasteurized Cream, Natural Flavorings), Canola Oil, Molasses, Sodium Bicarbonate, Dry Milk, Natural Vanilla Flavoring (Water, Ethyl Alcohol, Glycerine, Natural Flavor And Vanilla Bean Extractives.), Salt.	Egg, Milk, Wheat, Peanut
Sinckerdoodle Cookie	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Sugar, Butter (Pasteurized Cream, Natural Flavorings), Eggs, Canola Oil, Dextrose, Dry Milk, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, And Monocalcium Phosphate), Natural Vanilla Flavoring (Water, Ethyl Alcohol, Glycerine, Natural Flavor And Vanilla Bean Extractives.), Sodium Bicarbonate, Lemon Peel, Ground Cinnamon, Salt.	Egg, Milk, Wheat

Sporting Kansas City Cookie	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Unsalted Butter (Pasteurized Cream, Natural Flavoring), Brown Sugar (Sugar, Cane Syrups), Eggs (Whole Eggs, Citric Acid), M&Ms (Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors), Sugar, Cornstarch, Less Than 1% Corn Syrup, Dextrin, Coloring (Includes Blue 2 Lake, Blue 1 Lake, Red 40 Lake, Yellow 5 Lake, Yellow 6, Yellow 5, Red 40, Blue 1, Blue 2), Carnauba Wax, Gum Acacia), Semi Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter Soy Lecithin (Emulsifier), Natural Vanilla Extract), Canola Oil, Cocoa Powder, Marshmallows (Tapioca Syrup, Cane Sugar, Filtered Water, Tapioca Starch, Carrageenan, Soy Protein, Natural Vanilla Flavor), Cinnamon, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Cayenne Pepper	Wheat, Soy, Milk, Egg
Almond Croissant	Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Almonds, Almond Paste (Sugar, Almonds 50% Stabilizers, Glycerol E422, Dextrose Stabilizer, Sorbitol E420), Snow Sugar (Dextrose, Corn Starch, Hardened Palm Fat, Flavoring), Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Soy, Milk, Tree Nuts (Almonds)
Berry & Cream Cheese Croissant	Croissant (Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Eggs (Whole Eggs, Citric Acid)), Cream Cheese Filling (Cream Cheese (Pasteurized Milk And Cream, Salt, Carob Bean Gum, Cheese Culture) Sugar, Eggs (Whole Eggs, Citric Acid), Brown Sugar (Sugar, Cane Syrups), Raspberry Filling (Raspberries, Sugar, Glucose Syrup, Dextrose, Sorbitol, Gelling Agent (Apple Pectin), Citric Acid, Coloring Foods (Concentrates Of Sweet Potato, Radish, Apple, Safflower And Lemon), Artificial Raspberry Flavor, Sunflower Oil, Potassium Sorbate), Strawberry Filling (Sugar, Strawberry Puree, Water, Gelling Agent (Pectin), Strawberry Kernels, Citric Acid, Sodium Citrate, Calcium Citrate, Artificial Strawberry Flavor, Polyphosphates, Color (Red 40), Blackberry Puree (Blackberry, Invert Syrup)	Wheat, Egg, Soy, Milk
Chocolate Croissant	Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Chocolate Ganache (Milk Chocolate (Sugar, Chocolate, Nonfat Milk, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Flavor, Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Soy, Milk
Cinnamon Roll	Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Butter (Pasteurized Cream, Natural Flavoring), Sugar, Cinnamon, Powdered Sugar (Sugar, Cornstarch), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Vanilla Extract (Flavor Ingredients*, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Soy, Milk
Croissant	Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Soy, Milk
Fig & Goat Cheese Croissant	Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Goat Cheese (Pasteurized Goat Milk, Cheese Cultures, Vegetable Rennet, Salt), Fig Spread (Figs, Pure Cane Sugar, Citric Acid, Fruit Pectin, Lactic Acid, Ascorbic Acid), Eggs, Apricot Glaze (Sugar, Water, Apricot Puree From Concentrate, Pectin, Citric Acid, Sunflower Oil, Potassium Sorbate (Preservative), Natural Apricot Flavor), Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Soy, Milk
Pastry with Lemon Curd & Black Cherry Jam	Croissant (Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Eggs (Whole Eggs, Citric Acid)), Lemon Curd (Eggs, Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Lemon Zest, Cornstarch, Citric Acid), Black Cherry Filling (Black Cherries, Sugar, Glucose Syrup, Gelling Agent (Apple And Citrus Pectin), Acid (Citric Acid), Preservative (Potassium Sorbate)	Egg, Wheat, Soy, Milk
Granola	Whole Grain Oats, Sugar, Cornmeal, Almonds, Water, Brown Sugar (Sugar, Cane Syrups), Sesame Seeds, Canola Oil, Flax Seed, Vanilla Bean Paste (Fructose Syrup, Vanilla Extract, Ground Vanilla Beans, Xanthan Gum, Locust Bean Gum), Cinnamon, Nutmeg	Tree Nuts (Almonds)
Lemon Bundt Cake	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs (Whole Eggs, Citric Acid), Greek Yogurt (Cultured Milk), Butter (Pasteurized Cream, Natural Flavoring), Lemon Zest, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), 10X Powdered Sugar (Cane Sugar, Cornstarch)	Milk, Egg, Wheat
Rice Krispies Treats	Marshmallows (Corn Syrup, Sugar, Dextrose, Modified Cornstarch, Water, Contains Less Than 2% Of Gelatin, Tetrasodium Pyrophosphate (Whipping Aid), Natural And Artificial Flavor, Blue 1), Rice Cereal (Rice, Sugar, Contains 2% Or Less Of Salt, Malt Flavor, Vitamins And Minerals: Iron (Ferric Phosphate), Vitamin C (Ascorbic Acid), Vitamin E Acetate, Niacinamide, Vitamin A Palmitate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamin Hydrochloride), Vitamin B2 (Riboflavin), Folic Acid, Vitamin B12, Vitamin D3), White Coating Chocolate (Sugar, Vegetable Fat (Palm Kernel, Coconut), Skimmed Milk Powder, Whey Powder, Emulsifier Soy Lecithin, Natural Vanilla Flavoring), Unsalted Butter (Pasteurized Cream, Natural Flavoring), Nonpareil Sprinkles (Sugar, Corn Starch, Confectioner'S Glaze, Yellow 5, Carnauba Wax, Red 3, Blue 1, Red 40, Yellow 6, Blue 2.	Milk, Soy
Blueberry Muffin	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Milk (Grade A Milk, Vitamin D3 Added), Blueberries, Eggs (Whole Eggs, Citric Acid), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Canola Oil, Butter (Pasteurized Cream, Natural Flavoring), Vanilla Extract (Flavor Ingredients*, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Brown Sugar (Sugar, Cane Syrups), Rolled Oats	Wheat, Milk, Egg
Chocolate Espresso Muffin	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Brewed Coffee (Water, Coffee), Canola Oil, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter Soy Lecithin (Emulsifier), Natural Vanilla Extract), Eggs (Whole Eggs, Citric Acid), Cocoa Powder, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Baking Soda (Sodium Bicarbonate)	Wheat, Egg, Soy
Coffee Cake	Sugar, All-Purpose Flour (Unbleached Enriched Hard Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin (Vitamin B3), Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Milk (Milk, Vitamin D3 Added), Brown Sugar (Sugar, Cane Syrups), Eggs (Whole Eggs, Citric Acid), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Butter (Pasteurized Cream, Natural Flavoring), Canola Oil, Whole Wheat Flour, Cinnamon, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Vanilla Extract (Flavor Ingredients*, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Brown Sugar (Sugar, Cane Syrups), Soy Lecithin	Wheat, Eggs, Milk, Soy
Lemon Poppy Seed Muffin	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Milk (Grade A Milk, Vitamin D3 Added), Eggs (Whole Eggs, Citric Acid), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Canola Oil, Butter (Pasteurized Cream, Natural Flavoring), Poppy Seeds, Lemon Zest, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Lemon Oil, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Citric Acid	Milk, Egg, Wheat
Pumpkin Cream Cheese Muffin	Pumpkin Muffin (Pumpkin, Sugar, All-Purpose Flour (Unbleached Enriched Hard Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin (Vitamin B3), Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Eggs (Whole Eggs, Citric Acid), Canola Oil, Water, Baking Soda (Sodium Bicarbonate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Cinnamon, Nutmeg), Cream Cheese Filling (Cream Cheese (Pasteurized Milk And Cream, Salt, Carob Bean Gum, Cheese Culture) Sugar, Eggs (Whole Eggs, Citric Acid), Brown Sugar (Sugar, Cane Syrups)	Wheat, Egg, Milk
Palmier	Bread Flour (Unbleached Hard Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Pastry Flour (Enriched Flour Bleached (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Butter (Pasteurized Cream, Natural Flavoring), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Sugar	Wheat, Milk
Double Chocolate Zucchini Bread	Brown Sugar (Cane Sugar, Cane Syrups), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola Oil, Honey, Zucchini, Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin (Emulsifier), Natural Vanilla Extract), Toffee Bits (Sugar, Vegetable Oil (Oil; Sunflower Oil), Dairy Butter (Milk), Almonds, Salt, Lecithin (Soy)), Eggs (Whole Eggs, Citric Acid), Cocoa Powder, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Baking Soda (Sodium Bicarbonate) Semi Sweet Chocolate Drops (Sugar, Unsweetened Chocolate, Dextrose, Cocoa Butter, Soy Lecithin (An Emulsifier))	Wheat, Egg, Milk, Soy, Tree nuts (Almond)
Pineapple Carrot Cake	Eggs (Whole Eggs, Citric Acid), Carrot, Canola Oil, Pineapple (Pineapple, Pineapple Juice, Citric Acid), Enriched All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Cinnamon, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Baking Soda (Sodium Bicarbonate), Macadamia Nuts	Egg, Wheat, Tree Nuts (Macadamia Nuts)
Spiced Cantaloupe Bread	Sugar, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Eggs (Whole Eggs, Citric Acid), Cantaloupe, Butter (Pasteurized Cream, Natural Flavoring), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Baking Soda (Sodium Bicarbonate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Cinnamon, Cardamon, Nutmeg Cloves, Turbinado Sugar (Cane Sugar)	Wheat, Egg, Milk

Almond White Chocolate Scone	All-Purpose Flour (Unbleached Enriched Hard Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin (Vitamin B3), Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid]), Cream (Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Butter (Pasteurized Cream, Natural Flavorings), White Chocolate Chips (White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Nonfat Milk Powder, Soy Lecithin-Emulsifier, Vanilla, Natural Flavors), Almond Butter (Almonds), Brown Sugar (Sugar, Cane Syrups), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean), Almond Extract (Alcohol, Water, Almond Oil), Eggs (Whole Eggs, Citric Acid)	Wheat, Soy, Egg, Milk, Tree Nuts (Almonds)
Buttermilk Biscuit	All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Buttermilk (Grade A Cultured Low-Fat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Butter (Pasteurized Cream, Natural Flavoring), Eggs (Whole Eggs, Citric Acid), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	Wheat, Egg, Milk
Cranberry Orange Scone	All-Purpose Flour (Unbleached Enriched Hard Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin (Vitamin B3), Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid]), Cream (Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Butter (Pasteurized Cream, Natural Flavorings), Sugar, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Lowfat Buttermilk (Grade A Cultured Lowfat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Orange Zest, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean), Orange Oil, Eggs (Whole Eggs, Citric Acid)	Wheat, Eggs, Milk
Lemon Scone	All-Purpose Flour (Unbleached Enriched Hard Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin (Vitamin B3), Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid]), Cream (Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Butter (Pasteurized Cream, Natural Flavorings), Sugar, Low-Fat Buttermilk (Grade A Cultured Low-Fat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Lemon Zest, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean), Lemon Oil, Eggs (Whole Eggs, Citric Acid)	Wheat, Egg, Milk
Maple Pecan Scone	All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Heavy Cream (Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Butter (Pasteurized Cream, Natural Flavoring), Brown Sugar (Sugar, Cane Syrups), Pecans, Buttermilk (Grade A Cultured Lowfat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Maple Syrup Blend (Sugar, Maple Syrup, Caramel Color), Maple Extract (Alcohol*, Maple Syrup*, Caramel Color*, Water *Organic Certified), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	Wheat, Milk, Tree Nuts (Pecans)
Blueberry Arugula Salad	Arugula, Spinach, Almonds (Marcona Almonds, Sunflower Oil, Sea Salt), Blueberries, Gruyere Cheese (Fresh Part Skim Cow'S Milk, Cheese Cultures, Salt, Enzymes), Fennel, Vinaigrette: Canola Oil, Rice Wine Vinegar, Honey, Sea Salt, Vanilla Bean Paste (Fructose Syrup, Vanilla Extract, Ground Vanilla Beans, Xanthan Gum, Locust Bean Gum), Black Pepper, Citric Acid, Xanthan Gum.	Milk, Tree Nuts (Almonds)
Blueberry Arugula Salad with Chicken	Arugula, Spinach, Chicken Breast (Canola Oil, Salt, Pepper), Almonds (Marcona Almonds, Sunflower Oil, Sea Salt), Blueberries, Gruyere Cheese (Fresh Part Skim Cow'S Milk, Cheese Cultures, Salt, Enzymes), Fennel, Vinaigrette: Canola Oil, Rice Wine Vinegar, Honey, Sea Salt, Vanilla Bean Paste (Fructose Syrup, Vanilla Extract, Ground Vanilla Beans, Xanthan Gum, Locust Bean Gum), Black Pepper, Citric Acid, Xanthan Gum.	Milk, Tree Nuts (Almonds)
Dried Fruit & Chevre Salad	Mesclun Lettuce, Goat Cheese (Pasteurized Goats Milk, Salt, Culture, Enzymes), Caramelized Walnuts (Walnuts, Sugar, Sunflower Oil), Dried Apricots, Dried Cranberries, Balsamic Vinaigrette (Wine Vinegar, Concentrated Grape Must, Caramel Colour, Contains Sulfites), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil Blended With 25% Extra Virgin Olive Oil), Salt, Garlic, Honey, Dijon Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Citric Acid), Ground Black Pepper, Thyme, Oregano	Milk, Tree Nuts (Walnuts)
House Salad	Mesclun Lettuce, Roasted Red Peppers (Roasted Red Peppers, Water, Salt, Sugar, Citric Acid, Calcium Chloride), Goat Cheese (Pasteurized Goats Milk, Salt, Culture, Enzymes), Toasted Pine Nuts, Balsamic Vinaigrette (Wine Vinegar, Concentrated Grape Must, Caramel Colour, Contains Sulfites), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil Blended With 25% Extra Virgin Olive Oil), Salt, Garlic, Honey, Dijon Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Citric Acid), Ground Black Pepper, Thyme, Oregano).	Tree Nuts (Pine Nuts)
Kale Caesar Salad	Kale, Caesar Dressing (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Water, Anchovies (Anchovies, Soy Oil And Salt), Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Pure Apple Cider Vinegar, Lemon Juice (From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate (As A Preservative), Sodium Metabisulfite (As A Preservative), Lemon Oil), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Garlic, Honey, Kosher Salt (Salt, Calcium Silicate (An Anticaking Agent) Dextrose, Potassium Iodide)), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Bread Crumbs (Wheat Flour, Durum Wheat Semolina, Olive Oil, Extra Virgin Olive Oil, Salt, Yeast, Barley And Corn Malt Extract, Sugar), Lemon	Egg, Wheat, Fish (Anchovy), Milk
Kale Caesar Salad with Chicken	Grilled Chicken (Chicken Breast, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper), Kale, Caesar Dressing (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Water, Anchovies (Anchovies, Soy Oil And Salt), Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Pure Apple Cider Vinegar, Lemon Juice (From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate (As A Preservative), Sodium Metabisulfite (As A Preservative), Lemon Oil), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Garlic, Honey, Kosher Salt (Salt, Calcium Silicate (An Anticaking Agent) Dextrose, Potassium Iodide)), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Bread Crumbs (Wheat Flour, Durum Wheat Semolina, Olive Oil, Extra Virgin Olive Oil, Salt, Yeast, Barley And Corn Malt Extract, Sugar), Lemon	Egg, Wheat, Fish (Anchovy), Milk
Kale Caesar Salad with Salmon	Farm Raised Salmon (Salmon, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper), Kale, Caesar Dressing (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Water, Anchovies (Anchovies, Soy Oil And Salt), Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Pure Apple Cider Vinegar, Lemon Juice (From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate (As A Preservative), Sodium Metabisulfite (As A Preservative), Lemon Oil), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Garlic, Honey, Kosher Salt (Salt, Calcium Silicate (An Anticaking Agent) Dextrose, Potassium Iodide)), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Bread Crumbs (Wheat Flour, Durum Wheat Semolina, Olive Oil, Extra Virgin Olive Oil, Salt, Yeast, Barley And Corn Malt Extract, Sugar), Lemon	Egg, Wheat, Fish (Anchovy, Salmon), Milk
Caprese Sandwich	Mozzarella Cheese (Pasteurized Cow'S Milk, Vinegar, Enzymes, Salt), Ciabatta Bread (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Durum Wheat Semolina, Sunflower Oil, Salt, Malted Barley Flour, Yeast), Roasted Tomatoes (Roasted Tomatoes, Canola Oil, Vinegar, Garlic, Sea Salt, Oregano), Arugula, Basil Pesto (Basil (Basil, Corn Oil, Salt, Antioxidant; Ascorbic Acid), Corn Oil, Aged Cheeses (Milk, Salt, Rennet), Butter, Pecorino Romano (Sheep'S Milk, Salt, Rennet), Walnuts, Grana Padano (Milk, Salt, Rennet, Preservative: Egg Lysozyme), Extra Virgin Olive Oil, Pine Nuts, Parmigiano Reggiano (Milk, Salt, Rennet), Garlic, Balsamic Glaze (Balsamic Vinegar, Wine Vinegar, Grape Must, Caramel Color, Thickener (Guar Gum And Xanthan Gum)), Oil Blend (Refined, Bleached And Deodorized Canola Oil, Extra Virgin Olive Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Pepper	Wheat, Milk, Tree Nuts (Pine Nuts, Walnuts), Egg
Fall Turkey Sandwich	Turkey (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate), Tomato, Ciabatta Bread (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Durum Wheat Semolina, Sunflower Oil, Salt, Malted Barley Flour, Yeast), Brie Cheese (Pasteurized Milk, Salt, Lactic Ferments, Enzymes, Ripening Cultures), Apple Butter (Apples, Sugar, Apple Cider Concentrate And Spice), Lettuce	Wheat, Milk
Italian Hero Sandwich	Ciabatta Bread (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Durum Wheat Semolina, Sunflower Oil, Salt, Malted Barley Flour, Yeast), Fontina Cheese (Cultured Pasteurized Milk, Enzymes, Salt), Ham (Pork, Water, Dextrose, Modified Potato Starch, Sodium Phosphate, Potassium Acetate, Sodium Erythorbate, Potassium Diacetate, Sodium Nitrite), Tomato, Giardiniera (Bell Peppers, Celery, Cauliflower, Carrots, Water, Salt, Acetic Acid, Calcium Chloride, Sodium Benzoate, Sodium Metabisulfite), Genoa Salami (Pork, Salt, Dextrose, Wine, Sugar, Spices, Natural Flavoring, Sodium Ascorbate, Sodium Nitrite, Lactic Acid Starter Culture), Mayonnaise (Soybean Oil, Water, Whole Eggs And Egg Yolks, Vinegar, Salt, Sugar, Lemon Juice, Calcium Disodium Edta Used To Protect Quality, Natural Flavors), Lettuce.	Wheat, Milk, Egg
Mediterranean Chicken Sandwich	Chicken Breast (Canola Oil, Salt, Pepper), Croissant (Wheat Bread Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Unsalted Butter, Whole Milk (Grade A Milk, Vitamin D3 Added), Sugar, Powdered Milk [Extra Grade Sweet Cream Dairy Whey, Highly Refined Soy Flour, Buttermilk And High-Heat Non-Fat Dry Milk]), Yeast [Yeast, Sorbitan Monostearate, Ascorbic Acid], Salt, Egg), Greek Yogurt (Cultured Grade A Non-Fat Milk, Contains Active Yogurt Cultures), Arugula, Pitted Dried Apricots, Carrots, Mayonnaise (Soybean Oil, Water, Whole Eggs And Egg Yolks, Vinegar, Salt, Sugar, Lemon Juice, Calcium Disodium Edta Used To Protect Quality, Natural Flavors), Spices.	Wheat, Milk, Egg
Roast Beef & Fontina Sandwich	Roast Beef (Beef, Water, Salt, Dextrose, Sodium Phosphates, Flavoring), Ciabatta Bread (Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Durum Wheat Semolina, Sunflower Oil, Salt, Malted Barley Flour, Yeast), Fontina Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Tomato, Bbq Chipotle Mayonnaise (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium), Bbq Sauce (Water, Sugar, Tomato Paste, Vinegar, Salt, Modified Food Starch, Natural Smoke Flavor, Dehydrated Garlic, Spices (Including Celery Seed), Caramel Color, Sodium Benzoate), Chipotle Peppers (Smoked Red Jalapeno, Water, Vinegar, Sugar, Salt, Tomato Paste, Artificial Smoke Flavor, Onion Powder, Xanthan Gum, Garlic Powder), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Lettuce, Salt, Pepper	Wheat, Egg, Milk

Roast Beef & Gruyere Sandwich	Baguette (Unbleached Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Salt, Yeast, Malted Barley Flour), Roast Beef (Coated With: Dextrose, Salt, Garlic Powder, Spices, Caramel Color, Autolyzed Yeast. Solution Ingredients: Water, Potassium Lactate, Hydrolyzed Soy Protein, Salt, Sugar, Corn Syrup, Beef Flavor [Contains Beef Flavor And Natural Flavor]), Sodium Phosphates, Sodium Diacetate, Flavoring), Gruyere Cheese (Fresh Part Skim Cow'S Milk, Cheese Culture, Salt, Enzymes), Tomato, Cream Cheese (Pasteurized Milk And Cream, Whey, Salt, Carob Bean Gum, Cheese Culture), Lettuce, Horseradish (Horseradish, Water, Vinegar, Salt, Contains Less Than 1%: Natural Flavors And Polysorbate 80), Spices.	Wheat, Soy, Milk,
Tre Carne Meat Sandwich	Ciabatta Bun (Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Durum Wheat Semolina, Sunflower Oil, Salt, Malted Barley Flour, Yeast), Mortadella (Pork, Pork Fat, Water, Sea Salt, Sugar, Natural Flavorings) Genoa Salame (Pork, Sea Salt, Sugar, Pepper, Natural Flavoring, Garlic, Lactic Acid Starter Culture), Coppa (Pork Shoulder, Sea Salt, Sugar, Spices, Natural Flavoring), Mozzarella (Pasteurized Cow'S Milk, Vinegar, Enzymes, Salt), Fontina Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Roasted Tomatoes (Roasted Tomatoes, Canola Oil, Vinegar, Garlic, Sea Salt, Oregano)	Egg, Wheat, Milk
Tuna & White Bean Sandwich	Tuna & White Bean Salad (Albacore Tuna (White Tuna, Water, Vegetable Broth (Contains Soy), Salt), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), White Beans (White Kidney Beans, Water, Salt), Celery, Red Onion, Dijon Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Green Onions, Parsley, Salt, Pepper), Grain Bread (Water, Whole Wheat Flour, Sunflower Seeds, Honey, Rolled Oats, Pure Cane Brown Sugar, Rye Flour, Pumpkin Seeds, Sea Salt, Hulled Millet, Wheat Gluten, Whole Brown Flax Seeds, Yellow Corn Meal, Organic Buckwheat Flour, White Hulled Sesame Seeds, Organic Amaranth, Yeast, Malted Barley Flour, Ascorbic Acid (Vitamin C)), Tomato, Lettuce	Fish (Tuna), Wheat, Egg, Soy
Turkey Bacon Avocado Sandwich	Avocados, Turkey (Turkey Breast Meat, Turkey Broth, Salt, Modified Food Starch, Sugar, Carrageenan, Sodium Phosphate), Tomato, Croissant (Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Unsalted Butter, Whole Milk [Grade A Milk, Vitamin D3 Added], Sugar, Powdered Milk [Extra Grade Sweet Cream Dairy Whey, Highly Refined Soy Flour, Buttermilk And High-Heat Non-Fat Dry Milk], Yeast [Yeast, Sorbitan Monostearate, Ascorbic Acid], Salt, Egg), Fontina Cheese (Cultured Pasteurized Milk, Enzymes, Salt), Applewood Smoked Bacon (Cured With Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrate), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Spinach.	Wheat, Egg, Milk, Soy
Veggie Wrap	Spinach Tortilla (Enriched Bleached Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Shortening [Interesterified And Hydrogenated Soybean Oils], Contains 2% Or Less Of: Seasoning [Spinach Powder, Onion Powder, Spice, Garlic Powder, Yellow 5 Lake, Blue 1 Lake, Natural And Artificial Flavor], Salt, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Vital Wheat Gluten, Cellulose Gum, Fumaric Acid, Calcium Propionate And Sorbic Acid [To Maintain Freshness]), Hummus (Chickpeas, Water, Olive Oil, Ground Sesame Seed, Garlic, Lemon Juice, Lemon Zest, Spices, Salt), Spinach, Brussels Sprouts, Carrots, Cucumber, Chile Crunch (Canola Oil, Garlic, Onion, Chiles, Spices, Salt).	Wheat
Bacon, Egg & Cheese Biscuit	Biscuit (All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Buttermilk (Grade A Cultured Low-Fat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Butter (Pasteurized Cream, Natural Flavoring), Eggs (Whole Eggs, Citric Acid), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color), Bacon (Pork, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite).	Wheat, Egg, Milk
Bacon, Egg & Cheese Croissant	Croissant (Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color), Bacon (Pork, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite).	Wheat, Egg, Soy, Milk
Bacon, Egg & Cheese Waffle	Waffle (Wheat Flour, Pearl Sugar, Vegetable Fat (Palm Fat, Coconut Fat, Rapeseed Oil), Water, Butter, Whole Egg, Invert Sugar, Yeast, Soy Flour, Sugar, Salt, Emulsifier (Soy Lecithin), Artificial Vanilla Flavor), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color), Bacon (Pork, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite).	Wheat, Soy, Egg, Milk
Egg & Cheese Biscuit	Biscuit (All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Buttermilk (Grade A Cultured Low-Fat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Butter (Pasteurized Cream, Natural Flavoring), Eggs (Whole Eggs, Citric Acid), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Egg, Milk
Egg & Cheese Croissant	Croissant (Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Egg, Soy, Milk
Egg & Cheese Waffle	Waffle (Wheat Flour, Pearl Sugar, Vegetable Fat (Palm Fat, Coconut Fat, Rapeseed Oil), Water, Butter, Whole Egg, Invert Sugar, Yeast, Soy Flour, Sugar, Salt, Emulsifier (Soy Lecithin), Artificial Vanilla Flavor), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Soy, Egg, Milk
Everything Bagel Sandwich	Everything Bagel (Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains Less Than 2% Of Each Of The Following Everything Blend (Sesame Seeds, Poppy Seeds, Dehydrated Onion, Salt, And Dehydrated Garlic), Salt, Degenerated Yellow Corn Meal, Yeast, Dough Improver Blend (Wheat Flour, Salt, Sodium Stearoyl Lactylate, Soybean Oil, Xylanase, Amylase, Ascorbic Acid, L-Cysteine), Gum Acacia, Enzymes, Mono And Diglycerides, Calcium Propionate (Preservative)), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Sausage (Pork, Water, Contains 2% Or Less: Salt, Dextrose, Spices, Sodium Phosphate, Bht, Citric Acid, Caramel Color), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color), Tomato, Spinach, Bacon (Pork, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrite), Bbq Mayonnaise (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium), Bbq Sauce (Water, Sugar, Tomato Paste, Vinegar, Salt, Modified Food Starch, Natural Smoke Flavor, Dehydrated Garlic, Spices (Including Celery Seed), Caramel Color, Sodium Benzoate), Chipotle Peppers (Smoked Red Jalapeno, Water, Vinegar, Sugar, Salt, Tomato Paste, Artificial Smoke Flavor, Onion Powder, Xanthan Gum, Garlic Powder), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Pepper	Egg, Milk, Wheat
Sausage, Egg & Cheese Biscuit	Biscuit (All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Buttermilk (Grade A Cultured Low-Fat Milk, Locust Bean Gum, Modified Cornstarch, Carrageenan, Salt, Sodium Citrate, Mono And Diglycerides, Vitamin A Palmitate, And Vitamin D3 Added), Butter (Pasteurized Cream, Natural Flavoring), Eggs (Whole Eggs, Citric Acid), Sugar, Baking Powder (Cornstarch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Sausage (Pork, Water, Contains 2% Or Less: Salt, Dextrose, Spices, Sodium Phosphate, Bht, Citric Acid, Caramel Color), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Egg, Milk
Sausage, Egg & Cheese Croissant	Croissant (Wheat Flour Enriched (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Milk (Milk, Vitamin D3 Added), Sugar, Butter (Pasteurized Cream, Natural Flavoring), Fresh Yeast, Milk Replacer (Soy Flour, Whey), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Sausage (Pork, Water, Contains 2% Or Less: Salt, Dextrose, Spices, Sodium Phosphate, Bht, Citric Acid, Caramel Color), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Egg, Soy, Milk
Sausage, Egg & Cheese Waffle	Waffle (Wheat Flour, Pearl Sugar, Vegetable Fat (Palm Fat, Coconut Fat, Rapeseed Oil), Water, Butter, Whole Egg, Invert Sugar, Yeast, Soy Flour, Sugar, Salt, Emulsifier (Soy Lecithin), Artificial Vanilla Flavor), Egg Patty (Whole Eggs, Water, Soybean Oil, Modified Food Starch, Whey Solids, Salt, Nonfat Dried Milk, Citric Acid, Spices), Gouda Cheese (Pasteurized Cow'S Milk, Salt, Cheese Culture, Rennet, Annatto (For Color).	Wheat, Soy, Egg, Milk
Waffle	Waffle (Wheat Flour, Pearl Sugar, Vegetable Fat (Palm Fat, Coconut Fat, Rapeseed Oil), Water, Butter, Whole Egg, Invert Sugar, Yeast, Soy Flour, Sugar, Salt, Emulsifier (Soy Lecithin), Artificial Vanilla Flavor),	Wheat, Soy, Egg, Milk
BBQ Mayonnaise	Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium), Bbq Sauce (Water, Sugar, Tomato Paste, Vinegar, Salt, Modified Food Starch, Natural Smoke Flavor, Dehydrated Garlic, Spices (Including Celery Seed), Caramel Color, Sodium Benzoate), Chipotle Peppers (Smoked Red Jalapeno, Water, Vinegar, Sugar, Salt, Tomato Paste, Artificial Smoke Flavor, Onion Powder, Xanthan Gum, Garlic Powder), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil)	Egg
Berry Compote	Blueberries, Vanilla Syrup (Cane Sugar, Water, Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean, Citric Acid), Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Balsamic Glaze (Balsamic Vinegar, Wine Vinegar, Grape Must, Caramel Color, Thickener (Guar Gum And Xanthan Gum))	-

Goat Cheese Spread	Goat Cheese (Pasteurized Goat Milk, Anti-Caking (Powdered Cellulose, Dextrose, Enzymes), Salt, Cheese Cultures, Microbial Rennet), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Parsley, Lemon Zest, Granulated Garlic, Dill, Pepper, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	Milk, Egg
Mayonnaise	Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium	Egg
Salsa (Margarita's)	Tomatoes (Tomatoes, Tomato Puree, Citric Acid), Jalapenos (Jalapeno Peppers, Water, Vinegar, Salt, Turmeric), Water, Yellow Onions, Salt, Cilantro, Corn Oil, And Spices	--
Baked Potato Salad	Potatoes (Potatoes, Dextrose, Disodium Pyrophosphate (Added To Maintain Color), Potassium Sorbate (Added To Maintain Freshness)), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta (Added To Protect Flavor)), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Corn Starch, Potato Starch, And Powdered Cellulose (To Prevent Caking), Natamycin (Natural Mold Inhibitor)), Onions, Bacon (Pork, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Flavoring, Sodium Nitrate), Cider Vinegar (Apple Cider Vinegar (Diluted With Water To 5% Acidity)), Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Garlic, Black Pepper, Paprika (Paprika And Silicon Dioxide (Added To Make Free Flowing))	Egg, Milk
Fruit Cup	Strawberries, Cantaloupe, Blueberries, Grapes, Pineapple.	--
Kale & Quinoa Salad	Quinoa, Water, Vanilla Vinaigrette (Vanilla Bean, Rice Vinegar (Rice Vinegar (Reduced With Water To 4.5% Acidity By Volume)), Canola Oil, Honey, Pepper, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Citric Acid, Xanthan Gum), Soybeans, Kale, Carrots, Dried Cranberries, Pumpkin Seeds, Lemon Juice (Lemon Juice From Concentrate), 1/35 Of 1% Of Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil)), Red Bell Pepper, Mint, Orange Zest, Lemon Zest, Brown Sugar (Sugar Cane Syrups)	Soy
Pesto Pasta Salad	Grape Tomatoes, Pasta (Durum Wheat Semolina), Mozzarella Cheese (Cultured Pasteurized Milk, Enzymes, Salt), Pesto (Basil In Corn Oil (Corn Oil, Salt, Ascorbic Acid As Preservative), Cheese (Milk, Salt, Rennet, Lysozyme From Egg), Butter, Walnuts, Olive Oil, Pine Nuts, Garlic), Mayonnaise (Soybean Oil, Water, Eggs, Vinegar, Contains Less Than 2% Of Egg Yolks, Lemon Juice Concentrate, Salt, Sugar, Dried Onions, Dried Garlic, Paprika, Natural Flavor, Calcium Disodium Edta To Protect Flavor), Salt, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must, Caramel Color, Sulfites), Lemon Juice From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate And Sodium Metabisulfite As Preservatives, Lemon Oil, Sulfites), Black Pepper, Sugar.	Egg, Tree Nuts (Pine Nuts, Walnuts), Milk, Wheat
Roasted Potatoes with Peppers & Onions	Potatoes, Onions, Bell Peppers, Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil, Extra Virgin Olive Oil), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Pepper	--
Rustica Pasta Salad	Pasta (Durum Wheat Semolina), Caesar Dressing (Caesar Dressing (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil With 25% Extra Virgin Olive Oil), Water, Anchovies (Anchovies, Soy Oil And Salt), Mustard (Water, Mustard Seed, Distilled Vinegar, Salt, Citric Acid), Pure Apple Cider Vinegar, Lemon Juice (From Concentrate (Water, Lemon Juice Concentrate, Sodium Benzoate (As A Preservative), Sodium Metabisulfite (As A Preservative), Lemon Oil)), Parmesan Cheese (Cultured Milk, Enzymes, Salt), Garlic, Honey, Kosher Salt (Salt, Calcium Silicate (An Anticaking Agent) Dextrose, Potassium Iodide)), Roasted Red Peppers (Roasted Red Peppers (Roasted Red Peppers, Water, Salt, Sugar, Citric Acid, Calcium Chloride))), Pine Nuts, Spinach, Granulated Garlic, Pepper, Chili Flakes, Parsley	Wheat, Milk, Egg, Tree Nuts (Pine Nuts), Fish (Anchovy)
Tomato Mozzarella Salad	Tomatoes, Mozzarella (Pasteurized Cow'S Milk, Vinegar, Enzymes, Salt), Olive Oil Blend (Refined, Bleached And Deodorized Canola Oil, Extra Virgin Olive Oil), Basil Pesto (Basil (Basil, Corn Oil, Salt, Antioxidant; Ascorbic Acid), Corn Oil, Aged Cheeses (Milk, Salt, Rennet), Butter, Pecorino Romano (Sheep'S Milk, Salt, Rennet), Walnuts, Grana Padano (Milk, Salt, Rennet, Preservative: Egg Lysozyme), Extra Virgin Olive Oil, Pine Nuts, Parmigiano Reggiano (Milk, Salt, Rennet), Garlic), Garlic, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Parsley, Red Chili Flakes, Citric Acid	Milk, Tree Nuts (Pine Nuts, Walnuts), Egg
Hummus Snack Box	Hummus With Olive Tapenade (Chickpeas, Water, Olive Oil, Ground Sesame Seed, Salt, Water, Garlic, Olive Tapenade (Black & Green Olives (Water, Salt, Pimento, Lactic Acid, Sodium Alginate, Guar Gum, Calcium Chloride), Canola Oil, Garlic, Capers, Spices, Ascorbic Acid), Lemon Juice From Concentrate, Lemon Zest, Spices), Celery, Carrots, Croccantini (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Expeller Pressed Canola Oil And Extra Virgin Olive Oil, Sea Salt, Dried Rosemary).	Wheat
Almond Syrup	Cane Sugar, Water, Almond Extract (Alcohol, Water, Almond Oil), Citric Acid	--
Caramel Sauce	Cream (Heavy Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Cane Sugar, Water, Corn Syrup (Corn Syrup, Sugar Syrup, Salt, Imitation Vanilla Flavor, Potassium Sorbate-Preservative), Citric Acid	Milk
Cherry Syrup	Cane Sugar, Water, Candied Sour Black Cherries (Sour Black Cherries, Sugar, Water, Glucose Syrup, Sour Cherry Juice, Fruit Juice For Color, Vegetable Juice For Color, Citric Acid, Natural Flavors), Citric Acid	--
Cocoa Sauce	Cane Sugar, Water, Cocoa Powder, Citric Acid	--
Hazelnut Syrup	Cane Sugar, Water, Hazelnut Extract (Propylene Glycol And Natural Flavors), Citric Acid	Tree Nuts (Hazelnuts)
Honey Cinnamon Syrup	Brown Sugar (Sugar, Cane Syrups), Water, Honey, Cinnamon, Citric Acid	--
Lavender Syrup	Water, Cane Sugar, Lavender	--
Mint Syrup	Cane Sugar, Water, Peppermint Oil, Mint Tea, Citric Acid	--
Orange Syrup	Cane Sugar, Water, Orange Zest, Citric Acid, Orange Oil	--
Pumpkin Spice Syrup	Water, Cane Sugar, Brown Sugar (Sugar, Cane Syrups), Pumpkin Puree, Cinnamon, Ginger, Cloves, Nutmeg, Citric Acid	--
Simple Syrup	Cane Sugar, Water, Citric Acid	--
Strawberry Syrup	Cane Sugar, Water, Strawberries, Citric Acid	--
Sugar Free Vanilla Syrup	Water, Splenda (Maltodextrin, Sucralose), Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean, Xanthan Gum, Citric Acid	--
Vanilla Syrup	Cane Sugar, Water, Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean, Citric Acid	--
White Chocolate Sauce	Sweetened Condensed Milk (Milk, Sugar), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Nonfat Milk Powder, Soy Lecithin-Emulsifier, Vanilla, Natural Flavors), Whole Milk (Grade A Milk, Vitamin D3 Added), Cane Sugar	Milk, Soy
Banana Chia Pudding	Vanilla Yogurt (Cultured Lowfat And Nonfat Milk, Sugar, Modified Corn Starch, Vanilla Flavor, Natural Flavors, Kosher Gelatin, Vitamin D3), Banana Puree (Banana, Ascorbic Acid), Greek Yogurt (Cultured Nonfat Milk, Cream), Whole Milk (Grade A Milk, Vitamin D3), Salt, Whole Chia Seeds, Cocoa Nibs, Toasted Coconut (Coconut, Sugar, Water, Propylene Glycol, Salt, Sodium Metabisulfite)	Milk, Tree Nut (Coconut)
Chia Pudding Parfait	Vanilla Yogurt (Cultured Lowfat And Nonfat Milk, Sugar, Modified Corn Starch, Vanilla Flavor, Natural Flavors, Kosher Gelatin, Vitamin D3), Greek Yogurt (Cultured Nonfat Milk, Cream), Whole Milk (Grade A Milk, Vitamin D3), Salt, Whole Chia Seeds, Blueberries, Strawberries.	Milk
Whipped Greek Yogurt	Greek Yogurt (Cultured Nonfat Milk, Cream), Cream (Cream, Contains Less Than 2% Of Modified Food Starch, Monoglycerides, Carrageenan, Polysorbate 80, Cellulose Gum, Guar Gum, Dextrose), Vanilla Syrup (Cane Sugar, Water, Vanilla Extract (Flavor Ingredients, Non-Flavor Ingredients (Water, Propylene Glycol, Alcohol, Caramel Color), Vanilla Bean, Citric Acid), Vanilla Powder (Dextrose, Vanilla Bean Extractives), Stabilizer (Pregelatinised Wheat Flour, Potato Strach, Stabiliser Diphosphates; Lactose), Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent))	Milk, Wheat
Yogurt & Fruit Parfait	Vanilla Yogurt (Cultured Lowfat And Nonfat Milk, Sugar, Modified Corn Starch, Vanilla Flavor, Natural Flavors, Kosher Gelatin, Vitamin D3), Granola (Whole Grain Oats, Sugar, Cornmeal, Almonds, Water, Brown Sugar, Sesame Seeds, Canola Oil, Flax Seed, Vanilla Bean Paste (Fructose Syrup, Vanilla Extract, Ground Vanilla Beans, Xanthan Gum, Locust Bean Gum), Cinnamon, Nutmeg), Blueberries, Strawberries.	Milk, Tree Nuts (Almonds)

Goat Cheese Toast	Grain Bread (Water, Whole Wheat Flour, Sunflower Seeds, Honey, Rolled Oats, Pure Cane Brown Sugar, Rye Flour, Pumpkin Seeds, Sea Salt, Hulled Millet, Wheat Gluten, Whole Brown Flax Seeds, Yellow Corn Meal, Organic Buckwheat Flour, White Hulled Sesame Seeds, Organic Amaranth, Yeast, Malted Barley Flour, Ascorbic Acid (Vitamin C)), Goat Cheese Spread (Goat Cheese (Pasteurized Goat Milk, Anti-Caking (Powdered Cellulose, Dextrose, Enzymes), Salt, Cheese Cultures, Microbial Rennet), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Parsley, Lemon Zest, Granulated Garlic, Dill, Pepper, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Tomatoes, Basil Pesto (Basil, Corn Oil, Salt, Antioxidant; Ascorbic Acid), Corn Oil, Aged Cheeses (Milk, Salt, Rennet), Butter, Pecornio Romano (Sheep'S Milk, Salt, Rennet), Walnuts, Grana Padano (Milk, Salt, Rennet, Preservative: Egg Lysozyme), Extra Virgin Olive Oil, Pine Nuts, Parmigiano Reggiano (Milk, Salt, Rennet), Garlic), Pistachios, Oil Blend (Refined, Bleached And Deodorized Canola Oil, Extra Virgin Olive Oil), Balsamic Glaze (Balsamic Vinegar, Wine Vinegar, Grape Must, Caramel Color, Thickeners (Guar Gum And Xanthan Gum)), Salt, Pepper, Parsley	Milk, Wheat, Tree Nuts (Walnuts), Egg
Avocado Toast	Grain Bread (Water, Whole Wheat Flour, Sunflower Seeds, Honey, Rolled Oats, Pure Cane Brown Sugar, Rye Flour, Pumpkin Seeds, Sea Salt, Hulled Millet, Wheat Gluten, Whole Brown Flax Seeds, Yellow Corn Meal, Organic Buckwheat Flour, White Hulled Sesame Seeds, Organic Amaranth, Yeast, Malted Barley Flour, Ascorbic Acid (Vitamin C)), Avocado Mix (Avocado, Canola Oil, Rice Vinegar (Rice Wine Vinegar (Reduced With Water To 4.5% Acidity By Volume), Honey, Orange Zest, Lemon Juice (Lemon Juice From Concentrate (Water, Lemon Juice Concentrate), 1/35 Of 1% Each Sodium Benzoate & Sodium Bisulfite (Preservatives), Lemon Oil), Kosher Salt (Salt, Calcium Silicate (Anticaking Agent), Dextrose, Potassium Iodide), Pepper, Lemon Zest, Xanthan Gum, Citric Acid, Orange Oil), Goat Cheese Spread (Goat Cheese (Pasteurized Goat Milk, Anti-Caking (Powdered Cellulose, Dextrose, Enzymes), Salt, Cheese Cultures, Microbial Rennet), Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Contains Less Than 2% Of Salt, Spice, Lemon Juice Concentrate, Calcium Disodium Edta Added To Protect Flavor), Sour Cream (Cultured Cream, Nonfat Dry Milk, Modified Food Starch, Sodium Phosphate, Locust Bean Gum, Carrageenan, Sodium Citrate And Enzymes), Parsley, Lemon Zest, Granulated Garlic, Dill, Pepper, Kosher Salt (Salt, Yellow Prussiate Of Soda (Anticaking Agent)), Arugula, Chilli Crunch (Canola Oil, Garlic, Onion, Chiles, Spices, Salt), Salt, Pepper	Wheat, Egg, Milk
*Fried Egg	Egg, Canola Oil, Salt, Pepper	Egg